

## **SUPREME BOWLING CLUB**

### **Updated Covid-19 Rules to be followed at the Club**

**MOST IMPORTANT** : Do not go to the club if you are experiencing any coronavirus (COVID-19) symptoms or any cold or flu-like symptoms. In particular a cough, frequent sneezing, or a high temperature. Use the NHS 111 website or helpline and seek advice. For your own protection, follow the advice about self-isolation if you are, or are living with, someone in one of the vulnerable groups.

As from 4<sup>th</sup> July the following rules must be followed in order to safeguard our members and visitors against the Covid-19 virus. These rules are based on the guidance and recommendations developed by Bowls England in their update bulletin dated 2<sup>nd</sup> July 2020. These rules will be reviewed and updated in accordance with any updated guidance issued by Bowls England.

#### **1) General**

- a) Social distancing to remain at 2m between members from different households but now also allows 1m distancing plus mitigations (such as face coverings or avoiding face-to-face contact) where 2m is not possible.
- b) Limited essential access to the clubhouse to use the toilets and hand washing facilities is allowed. You may also retrieve and stow away your bowls gear in your lockers but you must not stay in the clubhouse to change or for any other purpose.
- c) Sanitisers will be available for cleaning hands and equipment before and after playing
- d) Spectators are permitted
- e) Dress appropriately before you get to the club to avoid the need to change clothes. Change shoes immediately before and after your game
- f) Travel to the green on your own or with members of your own household only. Do not offer a lift to, or accept a lift from, anyone outside your household. Do not arrive more than 15 minutes before your allocated booking time.
- g) Wherever possible avoid using toilets at the club
- h) Clean anything you have touched after use
- i) Take any food or drink you might need with you
- j) Wash or sanitise your hands and sanitise any equipment (including bowls, jacks and mats) you use before and after you play. Do not assume that the person before you has sanitised the equipment thoroughly
- k) Sanitise padlocks, keys and door handles before and after use
- l) A maximum of 30 people are permitted on site at any time.
- m) A record of all visitors must be kept for a minimum of 21 days. This could be useful in tracing any Covid-19 infected contacts.

#### **2) Rink Booking**

- a) Until further notice all rinks must be booked in advance. This should be as soon as possible and no later than 24 hours in advance of the desired start time. Brenda Clewley has kindly volunteered to keep the rink booking register so please text, e-mail, or phone Brenda to make a booking naming all players on the requested rink. Brenda's contact details are:

Landline : 020 8641 1703, Mobile : 07956 495976, e-mail : [bclew46@aol.com](mailto:bclew46@aol.com)

- b) Each rink booking is for 1½ hours of play. There will be a break of 30 minutes between the finish of one booking and the start of the next.

The bookable playing start / finish times are :

- Session 1 : 10am to 11.30am
- Session 2 : 12noon to 1.30pm
- Session 3 : 2pm to 3.30pm
- Session 4 : 4pm to 5.30pm
- Session 5 : 6pm to 7.30pm

- c) All rinks may be played on.
- d) Up to a maximum of six individuals from different households playing on a single rink is permitted. Whilst the Government guidance now enables triples play, members may also wish to consider alternative formats with reduced numbers per rink – for example singles and pairs – in order for social distancing to be more easily maintained.

### 3) Playing Equipment

The following items can be utilised during any session:

- Mat
- Bowls
- Jack
- Rink markers
- Gloves
- Scorecards and Scoreboards (these should be the sole responsibility of one person only to be nominated at the start of play)
- Bowling arm / lifter (for use by one person only if required)
- Bowling aids (for players with a disability if required)
- Bowls pushers (for use by one person per pusher if required)
- Ditch markers (for use by one person only if required)
- 2m distance sticks (for use by one person only if required)
- Chalk
- Tape measures

### 4) Playing the Game

- Do not shake hands with anyone before, during or after a game
- Do not 'high-five' OR 'hug' anyone
- Mats and jacks must be sanitised before and after each session
- Each side to have their own jack. Only the 'lead' players to touch their own jack with their hands
- The social distancing rule 1a) above must be strictly adhered to at all times
- Do not touch anyone else's bowls, jack or tape measure with your hands
- Avoid measuring for shot/s wherever possible

### 5) After the Game

When you finish playing immediately sanitise all equipment used and change your shoes.